



# HAMILTON TOWNSHIP SCHOOL DISTRICT

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TO: All Parents and Guardians

FROM: Marta Audino, Director of Student Services & Programs, Hamilton Township School District  
Jeffrey Rednor, D.O., Chief Medical Inspector for the Hamilton Township School District  
Christopher Hellwig, Health Officer, Hamilton Township Division of Health  
Giovanna Guarraggi, Director of Nursing, Hamilton Township Division of Health

RE: Illness Exclusion

We are asking your cooperation to help insure the health of the entire school community. The following guidelines are meant to control the spread of communicable disease in the classroom. Please consider the health of your child and that of the entire school as you make your decision to send your child to school. One sick child can expose an entire classroom of students to infection.

**Fever** - Any student with a temperature of 100.4 degrees or higher will be excluded from school and must not return to school until they are fever free for 24 hours without the aid of fever reducing medication. (Tylenol, Ibuprofen)

**Cough** - Students that are coughing continuously should remain at home if the cough interferes with the child's ability or the ability of other students to concentrate on their schoolwork.

**Vomiting** - Any student who vomits will be excluded from school and should not return to school until they can tolerate normal meals.

**Strep Throat (streptococcal infections)** - Please notify the school nurse if your child has been diagnosed with strep throat. Students must be on antibiotics and fever free (below 100.4) for 24 hours before returning to school.

**Pink Eye (bacterial conjunctivitis)** - Students must be on an antibiotic for 24 hours and have no purulent discharge from the eye.

**Please consider the following symptoms as indications of illness:**

- A fever of 100.4 degrees or higher
- A prolonged colored nasal discharge accompanied by other symptoms
- Persistent cough
- Upset stomach
- Diarrhea
- Headache and/or irritability
  - Nausea or Vomiting

**If you or your family are having any of these symptoms related to COVID 19, refer to your physician for further evaluation and contact the school nurse with any confirmed cases:**

- Fever (100.4) or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or Body Aches
- Headache
- Loss of smell or taste
- Sore Throat
- Congestion or Runny Nose